

# XV GAIT AND BRAIN SEMINAR SERIES

Joined COGNITIVE VITALITY & BRAIN HEALTH rounds

**Tuesday, October 26th, 2021**

St. Joseph's Parkwood Institute, Virtual via Zoom



## "Remote and Digital Interventions Improving Cognition and Brain Health in Older Adults"

### **Guest Speaker: Professor Sylvie Belleville, PhD**

Sylvie Belleville is Full professor at the Psychology Department of the University of Montreal and Scientific Director at the Research Center of the Institut Universitaire de Gériatrie de Montréal.

She is recognized for her work in the area of cognitive training for older adults and persons at risk of dementia and on the prevention of age-related cognitive decline. She identified processes of compensation and plasticity in mild cognitive impairment using brain imaging techniques.

She also developed an important research program on the neuropsychology of memory in aging and dementia and has contributed to a better understanding of the neuropsychological deficits found in persons with very early signs of Alzheimer's disease or mild cognitive impairment. She developed a cohort of well-characterized older adults with suspected prodromal Alzheimer's disease. She published over 250 peer-reviewed articles. She currently receives more than \$9.5 million in funding as a PI and holds a Tier 1 Canada Research Chair on the Cognitive Neuroscience of Aging and Brain Plasticity. She created and leads the Québec Consortium Québécois for early identification of Alzheimer's disease (CIMA-Q) and the national team "Cognitive Intervention, Cognitive Reserve and Brain Plasticity" and "Brain Health Support Program" for the Canadian Consortium on Neurodegeneration in Aging. She received the Adrien Pinard Prize of the Quebec Psychology Research Society (SQRP) and Professional Prize of the Quebec Psychologist Association (OPQ) in recognition of her contribution. She is also a member of the prestigious Canadian Academy of Health Sciences.

*This program was supported in part by an education grant from the F.J.H. Campbell lectureship fund.*

## AGENDA

**2:45 p.m.**  
Welcome Remarks

**2:50 p.m.**  
Brain Health in the XXI  
Century and speaker intro  
by Dr. M Montero-Odasso

**3:00 p.m.**  
Lecture by Dr. S. Belleville

**3:50 p.m.**  
Questions & Answers

**4:00 p.m.**  
Adjourn

Website: [www.gaitandbrain.com](http://www.gaitandbrain.com)

Twitter: @gaitandbrain

