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HEALTH RESEARCH INSTITUTE

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Research



Research Bites:

Why it is important to keep moving as we age

Dr. Tim Doherty is a clinician scientist at Lawson's Parkwood Institute Research with a primary focus on the impact of aging on nerve and muscle function. He will discuss the impact of aging on mobility, why this is important, and how we can improve or prevent loss of mobility in older adults.



Speaker: Dr. Tim Doherty

Date: Monday, November 9, 2020

Time: 4 - 5 p.m.

Location: This will be a **virtual** event hosted as a **WebEx video meeting**.

Meeting number (access code): 172 547 4015

Meeting password: M7JJdJA3

If joining by phone: call 519-685-8100

Presented by Parkwood Institute Research, a program of Lawson Health Research Institute, these informative and interactive talks focus on specific illnesses, their prevention and related research being conducted by researchers in London and area.