

Instructions for completing the health review form



Paid, Private Hire, Credentialed Professional Staff, Residents, Fellows: Please provide the following information to Occupational Health and Safety Services before your appointment, if it is available to you, by emailing: ohsshealthreviews@sjhc.london.on.ca or fax to 519-646-6235.

Volunteers: Completed, signed forms (including proof) to be sent to: VolHealthReviews@sjhc.london.on.ca or fax to 519-646-6235.

Co-op Students: Completed, signed forms (including proof) to be sent to: OHSS@sjhc.london.on.ca or fax to 519-646-6235.

Sponsored Students: Completed, signed forms to be sent to: OHSS@sjhc.london.on.ca or fax to 519-646-6235. Please **also** upload to NirvSystem once OHSS has confirmed your clearance

Post-Secondary Students: Completed, signed forms to be uploaded to NirvSystem.

1. Red Measles

You require 2 doses of measles vaccine with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose **OR** provide laboratory evidence of your immunity. Immunization is required for those without immunity.

2. Rubella

You require 1 dose of rubella vaccine, given on or after your 1st birthday **OR** provide laboratory evidence of your immunity. Immunization is required for those without immunity.

3. Mumps

You require 2 doses of mumps vaccine with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose **OR** provide laboratory evidence of your immunity. Immunization is required for those without immunity.

4. Varicella (Chicken pox)

You require 2 doses of varicella vaccine (e.g. physician's certificate or vaccination record) **OR** provide laboratory evidence of your immunity or laboratory confirmation of disease. Immunization is required for those without immunity.

5. Tuberculosis (TB) Surveillance

Regardless of BCG, if you do not have a previous positive TST or history of TB infection you are required to have a baseline two-step TST, unless you have documentation of a prior negative 2 step*. If you have a prior negative 2 step, a single step is required if the second step was done more than 12 months ago, or subsequent to your 2-step if you have travelled to an area with high levels of TB or been exposed to someone known or suspected to have TB.

*The two-step TB skin test is normally given as a series of two single TB skin tests repeated between 1-4 weeks apart. However, two individual TB skin tests performed 4-52 weeks apart are also considered an acceptable “two-step TB skin test” - Canadian Thoracic Society & the Public Health Agency of Canada, 2013.

PLEASE NOTE: If you have had a live vaccine (Measles, Mumps, Rubella, Chickenpox) within 4 weeks prior to needing a TB skin test, you will not be eligible. A TB skin test may be given on the same day as a live vaccine, but otherwise may not be administered until at least 4 weeks have elapsed. A delay in administration of the test may delay your start date.

Tuberculosis Testing Schedule:

Occupational Health at St Joseph’s will provide TB skin test if you do not have proof. You must be available to come back for the follow-up read or test.

A. One step process

- Visit 1 – to have your first test
- Visit 2 – to have your first test read (must be back to the clinic 48 to 72 hours after the first test)

B. 2-Step process

- Visit 1 – to have your first test
- Visit 2 – to have your first test read (must be back to the clinic 48 to 72 hours after the first test)
- Visit 3 – to have your second test (given 7-21 days after the first test)
- Visit 4 – to have your second test read (must be back to the clinic 48 to 72 hours after the second)

Individuals with Positive TB Skin Tests

You must provide Occupational Health with documentation of chest X-ray taken after the positive TB skin test, along with the TB test and measurement in millimeters. If you have a history of a confirmed positive TB test and you have already received counseling or advice concerning prophylactic treatment (Isoniazid), you should provide a copy of your consult note. Another chest X-ray may be taken if clinically indicated. Chest X-rays will be arranged through Occupational Health.

6. COVID-19

Vaccination for COVID-19 is **mandatory** for all new hospital employees, volunteers and students. The vaccine is offered via local COVID-19 Vaccination Clinic Sites.

Important information about COVID-19 vaccination and timing of other vaccinations and TB skin test:

- As of September 28, 2021, [NACI recommends that:](#) COVID-19 vaccines may be given at the same time as, or any time before or after, other vaccines, including live, non-live, adjuvanted or unadjuvanted vaccines.

As of November 8th 2023, St. Joseph's requires the following:

- St. Joseph's excluding Mount Hope – Provide documentation you have received two doses of the COVID-19 vaccine (primary series, boosters and/or XBB) OR one dose of XBB vaccine at least 14 days prior to the start date.
- Mount Hope – Provide documentation you have received three doses of the COVID-19 vaccine (primary series, boosters and/or XBB) OR one dose of XBB vaccine at least 14 days prior to the start date.

7. Hepatitis B

It is recommended that all health care workers to receive a course of Hepatitis B vaccine. For your protection, it is important to obtain a Hepatitis B titre test following immunization to ensure that you are adequately protected. If you have been vaccinated, please provide laboratory evidence of immunity.

8. Tetanus/Diphtheria or Tetanus/Diphtheria/Pertussis (Tdap)

It is recommended that you receive a primary series of Tetanus/Diphtheria vaccine in childhood followed by a routine booster every ten (10) years. You can also receive a one-time dose of Tdap, especially if you are providing care to pregnant women and/or children. If you have not already received a primary Tetanus/Diphtheria series, then you require three doses as part of adult primary immunizations. Contact your family physician or Public Health Unit in order to complete your primary series.

9. Influenza

It is strongly advised that you receive the vaccination yearly. If you have not received your influenza vaccination, and your start date is occurring during the times of the year when influenza vaccine is offered, (approximately October to March), you can receive influenza vaccination while at work. If you received influenza vaccination in the community during the months of October to March, you must submit proof of influenza vaccination to Occupational Health and Safety.

Where to get Record of Immunization or Vaccinations/Immunizations and Blood Titers

- Current or past employer – request a copy of your record from the Occupational Health Department.
- Health care training school program - request a copy of your immunization record from Student Health Services.
Facilities where you performed volunteer work - request copies of your record.
- Public Health Department in the school district that you attended - ask for a copy of your vaccination record.
- Childhood record (often a yellow card or form) from your family doctor or other health care professionals you have received care from i.e., obstetricians, midwives or family physicians
- Immigration records provided they are signed by a physician or nurse
- View your immunization records online by going to [Immunization Connect Ontario \(ICON\) Online System](#)