

DIABETES UPDATE 2023

WEDNESDAY, NOVEMBER 8, 2023

8:00 a.m. - 1:00 p.m.

Virtual Platform: Chime Live

Login Time: 8:00 a.m.

Venue: Four Points by Sheraton - 1150 Wellington Road S. London, ON, N6E 1M3

To REGISTER please visit [Diabetes Update 2023 | St. Joseph's Health Care London](https://www.sjhc.london.on.ca/diabetes-update)

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AGENDA

8:00 a.m. - 8:15 a.m.	Welcome & Introduction Dr. Stewart Harris CM, MD, MPH, FCFP, FACPM
8:15 a.m. - 9:00 a.m.	<i>Intergenerational Impact of Type 2 Diabetes in First Nations Communities: Partnerships and Pathways for change</i> Dr. Brandy Wicklow MD, Msc(epi), FRCPC
Objectives	<ol style="list-style-type: none">1. Discuss the epidemiology and natural history of type 2 diabetes in First Nations2. Recognize the importance of routine surveillance for type 2 diabetes complications early in life3. Describe physiologic differences in type 2 diabetes in children compared to adults and the impacts on treatment
9:00 a.m. - 9:40 a.m.	<i>Best Practice in Diabetic Kidney Disease</i> Dr. Louise Moist MSc, MD, FRCPS, CCP
Objectives	<ol style="list-style-type: none">1. Integrate knowledge on new treatment for Diabetic Kidney Disease to practice.2. Identify and remove barriers to use of guideline base Diabetic Kidney Disease treatments.3. Apply knowledge in case base examples to integrate knowledge to practice.
9:40 a.m. - 9:55 a.m.	Break
9:55 a.m. - 10:35 a.m.	<i>Pharmacology for Obesity-Where do we Stand Today?</i> Dr. Tayyab Khan MD, MPH, FRCPC(C), Dip ABOM
Objectives	<ol style="list-style-type: none">1. Discuss epidemiology of obesity, including local trends2. Review the current pharmacologic treatment options available for obesity3. Discuss emerging treatment options and ongoing cardiovascular outcomes trials
10:35 a.m. - 11:15 a.m.	<i>Practical Applications of Innovative Technology in Diabetes Care</i> Dr. Stewart Harris CM, MD, MPH, FCFP, FACPM
Objectives	<ol style="list-style-type: none">1. Apply new technologies for glucose measurements using Continuous Glucose Monitoring (CGM)2. Apply new technologies supporting insulin use through connected pens3. Describe how new technologies can substantially enhance clinical care and patient involvement in their diabetes

PROGRAM OBJECTIVES

At the conclusion of this activity participants will be able to:

1. Acquire a greater understanding of diabetes care in indigenous Canadians.
2. Apply approaches of care to high-risk people living with diabetes and complications; renal disease and congestive heart failure
3. Explore the role of new therapies and technology in diabetes and obesity

ACCREDITATION

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 4.25+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 4.25 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that they've actually spent participating in the educational program. 25% of the time is for participant interaction and questions.

Registration Fees:

Virtual: No Registration Fee

In-Person:

Physicians: \$50.00

Allied Health Care Providers: \$25.00

Medical Students & Residents: No Fee

11:15 a.m. - 11:30 a.m.

Break

11:30 a.m.-12:10 p.m.

Principles and Practical Advice on Care of Elderly Patients with Diabetes

Dr. Jenny Thain MD, FRCPC & Dr. Tamara Spaic MD, FRCPC, Cert. Endo

Objectives

1. Discuss the importance of frailty assessment in diabetes
2. Determine and set appropriate glycemic targets (when to intensify and de-intensify treatment)
3. Describe practical issues in medication administration and support with focus on collaborative care in elderly with diabetes

12:10 p.m. - 12:50 p.m.

Diabetes, Heart Failure and the Benefits of SGLT2 is Beyond Diabetes

Management: A Therapy for all Left Ventricular Ejection Fractions

Dr. Robert McKelvie MD, PhD, FRCPC

Objectives

1. Demonstrate the relationship between diabetes and heart failure
2. Demonstrate the impact diabetes has on the outcome of patients with heart failure
3. Demonstrate the expanded role of SGLT2i as a therapy to treat heart failure

12:50 p.m. - 1:00 p.m.

Summary & Adjournment

Dr. Tamara Spaic MD, FRCPC, Cert. Endo

COMMITTEE MEMBERS

Dr. Hertzel Gerstein MD MSc FRCPC
Dr. Stewart Harris CM, MD, MPH, FCFP, FACPM
Dr. Tamara Spaic MD, FRCPC, Cert. Endo
Ms. Amanda Mikalachki RN, CDE

GUEST FACULTY

Dr. Brady Wicklow MD, MSc(eps), FRCPC
Head, Section of Pediatric Endocrinology & Metabolism
Medical Director, Diabetes Education Resource for Children & Adolescents (DER-CA)
Department of Pediatrics and Child Health, Max Rady College of Medicine, Rady Faculty of Health Sciences | University of Manitoba
Child Health Program, Children's Hospital | HSC Winnipeg | Shared Health

COURSE FACULTY

Dr. Tayyab Khan MD, MPH, FRCP(C), Dip ABOM
Assistant Professor, Assistant Program Director, Core Internal Medicine Residency and Endocrinology and Metabolism Fellowship Training Programs, Division of Endocrinology and Metabolism, Department of Medicine, Western University

Dr. Robert McKelvie MD, PhD, FRCPC
Professor of Medicine and Cardiologist, Western University

Dr. Louise Moist MSc, MD, CRCPS, CCPE
Professor of Medicine Epidemiology Biostatistics, Clinician Researcher, Western University, Deputy Chair, Centre for Quality, Innovations and Safety, Schulich School of Medicine & Dentistry, Western University

Dr. Jenny Thain MD, FRCPC
Assistant Professor, Division of Geriatric Medicine, Schulich School of Medicine and Dentistry, Western University

REGISTRATION

Register online at
[Diabetes Update 2023 | St. Joseph's Health Care London](https://www.sjhc.london.on.ca/diabetes-update)
<https://www.sjhc.london.on.ca/diabetes-update>

CANCELLATION POLICY

Western University reserves the right to cancel this program due to insufficient registrations or circumstances beyond its control. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses canceled by Western will be refunded in full, however Western will not be liable for any loss, damages or other expenses that such cancellations may cause.

PRIVACY POLICY

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1. Provide you with confirmation of registration for this program
2. Provide follow-up information to you about this course, as necessary
3. Inform you of future educational opportunities
4. Maintain class lists and attendance records so that you can obtain study credits/certificate of attendance where applicable.

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EDUCATIONAL SPONSORS

This program has received an educational grant from the following: Abbott, Bayer, Boehringer-Ingelheim, Dexcom, HLS Therapeutics/Pfizer, Janssen, Lilly, NovoNordisk and Sanofi

ACCESSIBILITY

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