

**Life after stroke – let's make it happen!**

# COMMUNITY **Stroke** **Rehabilitation** TEAM

Specialized expertise, coordinated teamwork and a personalized approach to supporting stroke survivors in their communities.



## **Who can make referrals?**

Primary care providers, stroke survivors and their family members, health care providers, long-term care homes and CCAC case managers can refer.

## **How do I make referrals?**

Simply call the phone number below and we'll fax you a referral form OR contact your CCAC. There is one central intake process.

## **Who can I refer?**

This program is for stroke patients whose rehabilitation needs are not being met with existing services.

### **You may refer people who meet the following criteria:**

- All adult patients (+18 years) who have suffered a stroke and have rehabilitation needs
- Do not require inpatient rehabilitation and/or were discharged to community
- Residents of SouthWest LHIN (Oxford, Elgin, Middlesex, Huron, Perth, Norfolk, Grey and Bruce counties)

### **Clients will be screened for rehabilitation potential using the following criteria:**

- Specific and achievable rehabilitation goals can be identified
- Demonstrated ability to learn and/or benefit from team interventions
- Willingness and ability to participate (activity tolerance)

## **Priority will be given to those:**

- Within three months post-stroke who live in their own home
- Residents of long-term care homes who have the potential to return home or are within three months post-stroke

## **Where is the service located?**

We have teams based in Thames Valley, Huron Perth and Grey Bruce. Therapy, education and support services will be provided in clients' homes, ambulatory care settings, long-term care homes, and/or the communities where they live.

## **What kinds of therapy are available?**

Our team members work together and collaboratively with primary physicians and service providers to ensure clients have the therapy, education and support needed to reach their potential.

Team members have expertise implementing the Stroke Best Practice Guidelines:

- Registered Nurse
- Social Worker
- Physiotherapist
- Occupational Therapist
- Speech Language Pathologist
- Therapeutic Recreation Specialist
- Rehabilitation Therapist

## **What's the duration of the therapy?**

The duration and intensity of therapy depends on needs and goals identified in the referral and assessment process. We create an action plan geared to improving independence and helping clients return to meaningful activities in their communities. Counselling and education are also provided to family members.

## **How much does it cost?**

There is no cost for our services. Services are funded through the SouthWest LHIN's Aging at Home Strategy.

## **Can the Community Stroke Rehabilitation Team teach other service providers how to better care for stroke survivors?**

Yes, educating service providers is part of our mandate. We offer in-services about Stroke Best Practices and also consult with long-term care homes about specific residents. Please call our program number to discuss your education, problem-solving or consultation needs.

We hope this information helps you understand more about our services. If you'd like more information or have any questions, please call us.

**Community Stroke Rehabilitation Team: 519-685-4292 ext. 45034 or 1-866-310-7577**