

# How to refer a patient to Palliative Care

Palliative Care provides pain management and relief of symptoms to those experiencing life-threatening, progressive or terminal illness. Palliative Care focuses on physical, psychological, social and spiritual needs while remaining sensitive to the uniqueness of each individual. Grief and bereavement support are part of this caring process.

## Reasons for admission

- pain and symptom management with the expectation that the patient will return home
- end-of-life care with no expectation that the patient will return home

## Admission Guidelines:

- Patients are admitted for pain and symptom management, or end-of-life care
- Adults from London and surrounding area
- Living with a limiting illness
- Support of an interdisciplinary team
- A "do not resuscitate" is in place
- Length of stay is expected to be less than three months
- Facility/team is able to meet the care needs of the patient (does not require interventions that we cannot provide/access)