

Important information

For your stay

HOW YOU CAN HELP

- We ask patients and family refrain from bringing their own fans due to infection control, energy use and the impact on air circulation in the room.
- Hot packs are not allowed on the unit
- Laundry services are not available in hospital for patient clothing. Please make arrangements for laundering of personal items.
- Please ensure all power mobility equipment is assessed by one of our therapists before it is used in our building.
- St. Joseph's is a smoke free facility. Smoking is not allowed on hospital property.
- We encourage you to read the patient and family handbook for more information – available for free at request.

Contact

Location

Location: Parkwood Institute
Main Building
550 Wellington Road
London Ontario
Telephone: 519 646-6100
3BW extension 44010
3AE extension 44007

Mailing Address: St. Joseph's Health Care London
P.O. Box 5777, Stn B
London ON N6A 4V2

Comments – questions: Complex Care Office
C3-103
Telephone 519 646 6100
Extension 44015

CARING FOR THE
BODY, MIND & SPIRIT
SINCE 1869



sjhc.london.on.ca

Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

Parkwood Institute

Pre-admission Information

Short Stay Medical/Rehabilitation Patients to Complex Care



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Our program

WHO WE CARE FOR

The Complex Care Program has 71 patient care beds located on two units, 3A East and 3B West.

Patients on 3B West are short stay patients in need of specific physical rehabilitation. After one to three months of rehabilitation at Parkwood they will be able to return home or to a community setting to live.

Patients on 3A East are short stay patients with a complex medical rehabilitation need. After one to three months of rehabilitation at Parkwood they will be able to return home or to a community setting to live.

OUR COMMITMENT

We are committed to living St. Joseph's values of respect, excellence and compassion in our care. We also want to achieve St. Joseph's vision: *From the shortest visit to the longest stay, we earn complete confidence in the care we provide, and make a lasting difference in the quest to live fully.*

Your health

MOTIVATION AND PARTICIPATION

Staying motivated is the key to reaching your rehabilitation and health goals. Your daily participating is needed for you to be successful. You will need to take the initiative to be part of your own care for example:

- when it is safe for you to do so you will be encouraged to wash yourself, dress yourself, eat and go to the washroom on your own
- you will be encouraged to sit up in your chair and attend meals in the dining area
- you need to attend all therapy sessions

YOUR GOALS AND GOING HOME

Our care team will help you set goals for your rehabilitation during your stay. We will also help arrange your discharge to home. This discharge plan will be made along with you and your family (with your consent) during the first week of your stay.

Your stay

WHAT TO BRING

Space is limited. Please bring only essential items. We suggest you bring:

- at least five changes of loose fitting comfortable (seasonal) clothes
- tooth brush/toothpaste
- walking/running shoes
- razor/shaving cream
- deodorant
- comb/brush
- eyeglasses/hearing air
- mirror
- personal aids such as wheelchairs and walkers

Please do not bring valuables. Parkwood Institute is not responsible for storing or safety of personal belongings.

OUR ROOMS

Most rooms have four beds. Bed assignments are made based on care needs and availability. Room changes may be necessary during your stay to ensure we are providing the right care to the right patients in the right setting. You may share a room with males and females.