

Changes you may notice after a brain injury

Brain injury affects different people in different ways. Here are some examples of things you may notice in yourself after your injury.

You may experience:

- headaches
- dizziness
- balance issues
- vision issues
- hearing changes
- pain
- weakness
- seizures
- feel tired all the time
- communication challenges
- change in sleep patterns
- problems with your memory and concentration
- changes in your ability to manage yourself and your life
- changes in your personality
- changes in your emotions and ability to cope

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