

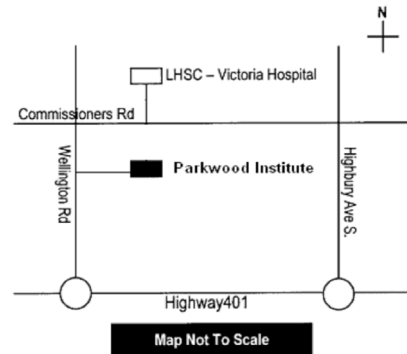
## Who We Are

Together with our partners, we increase the capacity of the health care and social service system to enhance the quality of life of frail older persons

### OUR MISSION

- to be a group of specialized geriatric services linked by a common purpose
- to provide leadership in improving the quality of life of frail older persons in the Southwestern Ontario region across LHIN 1 and LHIN 2
- to improve the services available to frail older people wherever they live.
- to provide exemplary assessment, consultation and referral services, direct care and caregiver support
- to provide leadership in the education and training of students and care-providers and in ongoing research
- to provide a fully integrated system of services with the capacity to provide and support comprehensive, compassionate, client-centred care to frail older people and their families.

## Location



## Contact Information

### Specialized Geriatric Services

**Hours:** 8 am – 4 pm  
Monday to Friday

**Location:** Parkwood Institute  
Main Building  
550 Wellington Road  
London, ON N6C 0A7

Telephone: 519-685-4000 Ext 44028  
Facsimile: 519 685-4574  
Email: [sgs@sjhc.london.on.ca](mailto:sgs@sjhc.london.on.ca)

CARING FOR THE  
BODY, MIND & SPIRIT  
SINCE 1869



[sjhc.london.on.ca](http://sjhc.london.on.ca)

Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

## Parkwood Institute

# Specialized Geriatric Services



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## Our Care Team

The health care professionals look at the person holistically. The team considers the person's medical history and present health conditions. The team also looks for the effects of past illnesses, as well as 'geriatric syndromes' – common health concerns found in frail elderly such as incontinence, frequent falls, memory problems, and the side effects caused by multiple medications.

The geriatric team may include:

- Geriatricians
- Psychologists
- Social Workers
- Family Physicians
- Dietitians
- Registered Nurses/Registered Practical Nurses
- Pharmacists
- Occupational Therapists
- Spiritual Care Chaplains
- Physiotherapists
- Therapeutic Recreation Specialists
- Speech-Language Pathologists

## Medical Stability

Parkwood Institute does not have the medical support necessary to care for patients with acute medical treatment needs. It is therefore very important that patients are medically stable before they are admitted. If this does not happen the patient may have to go to acute care.

## Eligibility Criteria

- 65 years of age or over (with the exception of the Musculoskeletal Rehabilitation Unit, which serves adults of all ages)
- residents of Southwestern Ontario (LHIN 1 & LHIN 2) depending upon the program
- patient and/or Substitute Decision Maker are aware of referral and have given consent
- family physician (or other MD/NP) referral

## Who We Serve

A referral is appropriate when older adults:

- have multiple complex medical, functional and/or psychosocial issues;
- are frail;
- have increased their use of health care services (i.e. multiple emergency room visits).

### Typical challenges may include:

Depression	Caregiver Stress
Dementia	Incontinence
Polypharmacy	Hygiene Issues
Falls	Immobility
Poor Nutrition	Abuse
Functional Decline	Squalor
Weight Loss	

**Driving Assessment** - DriveAble is a driving assessment program for medically at risk drivers with cognitive change. The assessment includes cognitive testing and an on road driving examination. DriveAble requires a referral from a physician. Call 519-685-4070 for more information, including the fee.

## Our Care Areas

**Geriatric Rehabilitation Day Hospital** - A day treatment program for clients experiencing functional decline, who live in the community and require rehabilitation. Clients attend 2-3 times per week for a defined period of time.

**Geriatric Clinics** - We offer multiple outpatient clinics where geriatricians and advanced practice nurses provide assessments and recommendations for clients with complex geriatric issues. Specialty clinics include Aging Brain and Memory Clinic, Continence Clinic and Cognitive Neurology.

**Geriatric Rehabilitation Unit** - A 30-bed rehabilitation unit for clients with recent functional decline requiring an inpatient stay of 4-6 weeks.

**Musculoskeletal Rehabilitation Unit** - A 20-bed rehabilitation unit for clients requiring an inpatient stay of 3-4 weeks due to functional decline related to orthopedic problems or deconditioning.

**Physical Maintenance Program** - An ongoing reactivation and exercise program to assist seniors to maintain function. There is a minimal cost per visit.

**Regional Geriatric Program Outreach** - Clinical assessments are provided in clients' homes throughout Southwestern Ontario.