

## We'd like to hear from you

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If you have a concern or comment to make about the care we deliver at

- Parkwood Institute or
- Southwest Centre for Forensic Mental Health Care

Please contact us!

## Volunteering

If you are looking for volunteer opportunities, to learn new skills, or if you would be interested in being part of the Patients' Council, please contact us.

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WE ARE SURVIVORS....

YOUR VOICE FOR CHANGE

YOUR IDEAS IN ACTION!

## Contact

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Hours: 8:30 am to 4:30 pm  
Monday to Thursday

Location: Parkwood Institute  
Mental Health Care Building  
550 Wellington Road  
London, ON N6C 0A7  
Rm. F2-167  
Phone: 519 646-6100 ext 47064

Southwest Centre for Forensic  
Mental Health Care  
401 Sunset Dr  
St. Thomas, ON N5R 3C6  
Rm. C2-413  
Phone: 519 646-6100 ext 49646

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Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

# Patient Council



*St. Joseph's Health Care London  
Mental Health Care and  
Forensic Mental Health Care*

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CARING FOR THE  
BODY, MIND & SPIRIT  
SINCE 1869



### Membership

The Patients' Council is a group of current and former patients who have received care in one of St. Joseph's mental health care programs. They work in partnership with staff, family members and other patients to ensure the best possible quality of life and standard of care is available.

The Patients' Council is made up of general members who volunteer their time, skills, and experience to serve their peers during various social and peer support activities.

There is also an Executive group made up of current and former patients.

- Speak up for patients and their rights
- Become aware of issues that affect patients
- Attend regular monthly meetings
- Vote on important issues affecting patients and/or the Patient Council
- Host social events
- Build skills of members through free training provided by the organization
- Publish a quarterly newsletter
- Become involved in provincial and regional advocacy groups
- Be the patient voice on hospital committees
- Strive to erase the discrimination and stigma associated with mental illness through education of patients, families, staff and the public

- 1) Every patient has the right to be treated with respect
- 2) Every patient has the right to freedom from harm
- 3) Every patient has the right to dignity and independence
- 4) Every patient has the right to quality services that comply with standards
- 5) Every patient has the right to effective communication
- 6) Every patient has the right to be fully informed
- 7) Every patient has the right to make an informed choice, and give informed consent to treatment
- 8) Every patient has the right to support
- 9) Every patient has rights in respect of research or teaching
- 10) Every patient has the right to complain

For more information, ask a staff member or Patients' Council member for the Bill of Rights booklet.

### MISSION STATEMENT

**The Patients' Council is a voice for the ongoing improvement of the quality of life and care of people receiving services in St. Joseph's mental health care programs.**