Service

- · Assessment and investigation
- Diagnosis
- Recommendations
- Follow-up
- Case management

Education

We work together with Western University

- Caregivers
- Undergraduate and post-graduate medical, nursing and allied health training
- Family physicians
- Memory Impairment Program (MIP)

Research

We work in collaboration with the Lawson Health Research Institute (LHRI)

- Studies of markers of disease progression, including Neuroimaging
- Investigation of new compounds to treat people with Mild Cognitive Impairment (MCI) and Alzheimer disease.
- Gait studies in cognitive impairment

Parkwood Institute

Hours: 8 am - 4 pm

Monday to Friday

Location: Parkwood Institute

Main Building

550 Wellington Road London, ON N6C 0A7

Telephone: (519) 685-4000 Ext. 42270

Referrals: (519) 685-4046 or

fax to (519) 685-4020

For inquiries about research:

Telephone: (519) 685-4000 Ext. 46600

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Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

November 2014

Form # 200807

Aging Brain and Memory Clinic

Service, Education, Research



CARING FOR THE BODY, MIND & SPIRIT SINCE 1869



Ten Signs to Look For - Impaired Memory & Cognition:

- Misplacing things
- · Changes in personality
- Loss of initiative
- · Changes in mood or behaviour
- Memory loss that affects day-to-day function
- Difficulty performing familiar tasks
- Problems with language
- Disorientation of time and place
- Poor or decreased judgment
- Problems with abstract thinking
 - Alzheimer Canada, 2003

Who Attends this Clinic?

- People referred with symptoms of memory loss with or without a decline in their functional abilities
- · People referred by a physician
- People who can attend as an outpatient with a family member or friend, who can corroborate the history

Initial assessments require two or more hours. Follow-up visits are shorter.

What does an assessment include?

- History of memory impairment and change in functional abilities
- Medical history and medication review
- Physical and neurological examination
- Memory testing
- Diagnosis and prognosis
- Treatment options
- Education, counseling, recommendations and advice to the patients, their families and the referring family physician
- Referral to appropriate resources and information services for family support and education (i..e, Alzheimer Outreach Services, neuropsychology, psychiatry, Day Hospital, and CCAC)
- Typed report to referring physician and involved health professionals and services
- Opportunities for people with memory impairment and their caregivers to be involved in clinical research studies

Follow-up

- Provided annually (or more often if necessary) while patients are living in the community
- Nurses support clinic visits with follow-up telephone consultations to assist with the treatment and management of symptoms associated with Dementia

Aging Brain and Memory Clinic

This Clinic's Goals

- To assess people with memory and/or cognitive impairment
- To educate those affected by memory impairment and health care professionals about the management of Mild Cognitive Impairment (MCI) and Dementia.
- To promote independence and improve quality of life to community-dwelling people with Dementia
- To advance research in memory disorders

The Clinic Provides

- Outpatient assessments and diagnosis for persons with impaired memory and cognition
- Management of the symptoms of dementia with education, medication(s) and counseling.
- A resource for health care professionals, community service providers (such as Community Care Access Centre (CCAC)), and families in Southwestern Ontario.

