

September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day 14 1	Week 3 Day 15 2	Day 16 3	Day 17 Seasonal Soup & Salad 4	Day 18 5	Day 19 6	Day 20 7
Day 21 8	Week 1 Day 1 9	Day 2 10	Day 3 11	Day 4 12	Day 5 13	Day 6 14
Day 7 15	Week 2 Day 8 16	Day 9 17	Day 10 Seasonal Pie 18	Day 11 19	Day 12 20	Day 13 Cottage Cheese Fruit Plate 21
Day 14 22	Week 3 Day 15 23	Day 16 24	Day 17 Seasonal Soup & Salad 25	Day 18 26	Day 19 27	Day 20 28
Day 21 29	Week 1 Day 1 30	Day 2 1	Day 3 2	Day 4 3	Day 5 4	Day 6 5

October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day 21 29	Week 1 Day 1 30	Day 2 1	Day 3 2	Day 4 3	Day 5 4	Day 6 5
Day 7 6	Week 2 Day 8 7	Day 9 8	Day 10 Seasonal Pie 9	Day 11 10	Day 12 11	Day 13 12
Day 14 Thanksgiving Breakfast & Dinner Special 13	Week 3 Day 15 14	Day 16 15	Day 17 Seasonal Soup & Salad 16	Day 18 17	Day 19 18	Day 20 19
Day 21 20	Week 1 Day 1 21	Day 2 22	Day 3 23	Day 4 24	Day 5 25	Day 6 26
Day 7 27	Week 2 Day 8 28	Day 9 29	Day 10 Seasonal Pie 30	Day 11 Halloween 31	1	2