

Preparing for cataract surgery at St. Joseph's Hospital



EYE MEASUREMENT APPOINTMENT:

Do **NOT** wear any contact lenses (hard or soft) before your measurement appointment. **Confirm the amount of time requirement with your surgeon.**

Date and time: _____

Location: Ivey Eye Institute, St. Joseph's Hospital, Zone B, Level 1, Room B1-050

SURGERY APPOINTMENT:

If you need to change or cancel your surgery, call your eye surgeon's office.

Date and arrival time: _____

Location:

- Cataract Suite, St. Joseph's Hospital, Zone B, Level 2, Room B2-602
- Surgical Centre, St. Joseph's Hospital, Zone C, Level 1, Room C1-300

NOTE: If you and your surgeon agreed upon testing or lenses not covered by the Ministry of Health, you will be sent a bill in the mail.

BEFORE SURGERY:

- Take eye drops as directed by your surgeon.
- Remove contact lenses prior to surgery for the number of days recommended by your surgeon.
- Shower and wash hair prior to surgery.
- Avoid alcohol and tobacco products 24 hours prior to surgery.

PERSONAL ITEMS:

- Bring sunglasses to wear after surgery.
- Wear comfortable clothing and avoid high collars.
- Wear your dentures, hearing aids and glasses.
- You will have a locker for small items. St. Joseph's Health Care is not responsible for lost or stolen items.

DAY OF SURGERY:

Your surgery may be **cancelled** if the directions below are not followed:

- A driver must remain in the building while you are in surgery. You cannot take a bus or taxi alone.
- Please do not wear makeup or scented perfume.
- Do not take diabetes medication or insulin the day of your surgery, unless told otherwise. Bring your Libre sensor if you have one.
- Take all other medications as prescribed with water only, unless told otherwise.
- You can drink clear fluids (water, black tea or coffee, apple or cranberry juice) up to 3 HOURS before surgery. No milk, creamer, orange juice, etc.

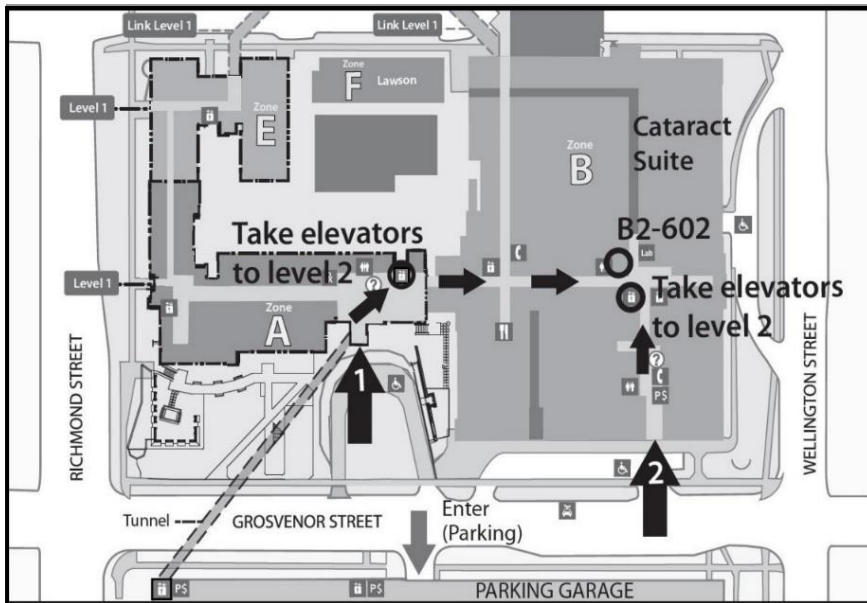
DO NOT EAT ANY SOLID FOOD OR DRINK ANY DAIRY PRODUCTS AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY

WHAT TO EXPECT AFTER SURGERY:

- You will receive a follow-up appointment and time.
- You will be provided an eye shield for when you return home.
- Your surgeon may review specific care instructions such as avoiding heavy lifting while bending over.
- If your surgery was in the Cataract Suite, you will be in a recovery room for approximately 20 minutes. A light snack will be offered.
- Blurry vision is normal after surgery. You may experience redness, itching, tearing, sensitivity to light and wind. This should all improve in the days and weeks following your surgery.
- If you experience significant pain in the eye, sudden or progressive decrease in vision, flashes of light, progressively increasing redness, swelling around the eye, or severe nausea and vomiting, call your eye surgeon's office immediately.

Additional information:

Cataract Suite – Zone B, Level 2, Room B2-602



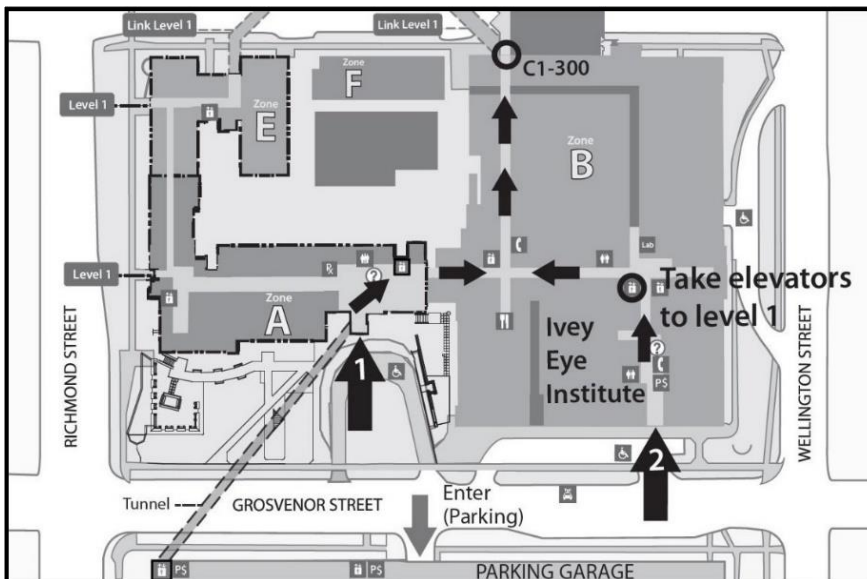
From Grosvenor Entrance 2:

Take the Zone "B" elevators up to Level 2 (B2).

Turn right and go to end of this corridor.

Cataract Suite (B2-602) is on the left.

Surgical Centre – Zone C, Level 1, Room C1-300



From Grosvenor Entrance 1:

Enter through doors into Zone "A" lobby.

Turn right, continue towards Zone B (red).

At the compass intersection, turn left, go to Zone C.

The Surgical Centre entrance is highlighted with a blue wall.

More information is available online at [Ivey Eye Institute | St. Joseph's Health Care London](https://www.iveyeyeinstitute.com).

You can also visit: www.sjhc.london.on.ca and search for Ivey Eye Institute.