



## St. Joseph's Health Care London Shoulder Arthroplasty Bundled Care Post-Acute Rehabilitation Discharge Summary Form

<b>Patient's First Name:</b>		<b>Patient's Last Name:</b>	
Date of Birth (DD/MM/YYYY):		OHIP #:	V/C:
Address:		City/Town:	
Province:		Postal Code:	
Email Address:			

<b>Name of Provider:</b>	
<b>Ministry #:</b>	Address:
City/Town:	Province:
Postal Code:	Email Address:

<b>Procedure Date (DD/MM/YYYY):</b>	<b>Initial Assessment Date (DD/MM/YYYY):</b>	<b>Discharge Date (DD/MM/YYYY):</b>
<b>Procedure Performed</b>		
<input type="checkbox"/> Anatomic Shoulder Arthroplasty	<input type="checkbox"/> Reverse Total Shoulder Arthroplasty	
<input type="checkbox"/> Shoulder Hemi-Arthroplasty	<input type="checkbox"/> Left	<input type="checkbox"/> Right
Number of Sessions Completed:		
<b>Format of Sessions:</b>	<input type="checkbox"/> 1:1	<input type="checkbox"/> Group Based
		<input type="checkbox"/> Virtual

<b>Outcome Measures on Discharge</b>	
Shoulder SANE Score Percentage (%):	Q-DASH:

<b>Discharge Criteria</b>	
<b>Functional Active ROM (Consider Pre-op Status):</b>	<b>Functional Strength:</b>
<input type="checkbox"/> 120-140° Shoulder Flexion	<input type="checkbox"/> Able to actively forward elevate up to 100-120° with good scapular mechanics
<input type="checkbox"/> 120-140° Abduction/Scaption	
<input type="checkbox"/> 30-45 External Rotation	<input type="checkbox"/> Grade 4/5 Scaption at 90°
<input type="checkbox"/> L5 Hand Behind Back	<input type="checkbox"/> Grade 4/5 External Rotation in Neutral
<b>Pain (Consider Pre-op Status and Co-morbidities):</b>	<b>ADL's:</b>
<input type="checkbox"/> Manageable pain with functional activities of daily living	<input type="checkbox"/> Able to perform self-care (dressing, showering, shaving, feeding)
<input type="checkbox"/> Swelling resolved or self-managed, wound healed or self-managed	
<input type="checkbox"/> Demonstrated independence with home exercise program	<input type="checkbox"/> Able to return to driving (if applicable)

<b>Notes and Other Considerations:</b>